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# SPOKE

Vol 26, No. 8

Conestoga College, Kitchener, Ontario

March 7, 1994

## Mahaffy counsels media students

By Venus Cahill

Broadcast students recently listened to Leslie Mahaffy's mother talk about issues involving ethics and responsibilities in journalism.

Debbie Mahaffy had been invited to Conestoga by Marie Adsett and Pam Barker, second-year broadcasting students, who are making a documentary about the demands of the media.

Adsett said the documentary would be used as an educational tool to generate discussions about the personal and psychological effects and demands concerning the media.

Mahaffy came to speak about the effects and demands the media have placed on her family. She jokingly said she felt she was walking into a snake pit. "Saying yes (to come to Conestoga) was a very big decision."

The lecture was open to all media students but no photos or recordings were allowed.

There were occasional tears and laughter as Mahaffy related anecdotes about Leslie. She said her daughter was "a very wonderful, very ordinary child."

One very emotional moment was when she said Leslie was compared to the other victims.

"Her murder was legitimized because the same murderer murdered

Kristen. That's sad."

Another emotional moment came when Mahaffy was speaking about prisoners being able to go out on a day pass for Christmas. She said, "I would really like to visit my daughter in prison."

She feels she has had some unfortunate dealings with the press. When Leslie disappeared she "had to beg to get a reporter (to cover the story). When I needed the press they weren't there."

She mentioned the fact police officers have courses dealing with sensitivity, but there are no such courses for those studying to become journalists..

Mahaffy also suggested the need for someone to speak for the victims. "The media are at their best. The victims are at their worst."

"We (victims) have a mandate to heal. Grief won't meet any deadlines."

Although Mahaffy said she feels she gets sabotaged by some reporters, everything she said was not negative.

She said journalists do not always get the thank yous they deserve. She cited the fast action of the media when a baby was abducted from a hospital in Burlington.

Mahaffy said she would continue to use the media as a vehicle to promote her message because people need the media.

When the subject of the media ban on Karla Homolka's trial came up, Mahaffy said she felt, in this particular case, justice will be served by the ban.

"I believe, very strongly, that the public does not need to know. They have already been told what went on in that house."

She said there is no need to know what tools or equipment were used. "There was an intimacy in Leslie's birth and there was no media. There was a horrible intimacy in her death and there was no media there either."

Mahaffy said, if the girls had a lawyer, the details would be protected. "I don't think the world has to be there. It's reinforcing the violence."

She said trashy books and movies that will spring from the tragedy will only be training manuals for future perpetrators and that people breaking the ban were profiting, if not financially, then personally and politically.

When a student asked how she will prepare for the preliminary hearing, she said, "It takes enough to get out of bed in the morning. I don't know how to prepare for the preliminary."

Mahaffy said when Paul Teale's preliminary hearing starts on April 5, "I will not be escorted by police in the back door."



### An \$80 bid — for me?!

DSA treasurer Paula Sossi was one of four participants in the Valentine's Day auction to raise money for the Heart and Stroke Foundation. — story on page 9 (Photo by Laura Nahls)

## How to reduce stress

By Sheilagh McDonald

In 1992 Statistics Canada conducted a general survey and found there is more stress among Canadians than many can handle.

The survey indicated that 15 per cent of Canadians are under pressure and crunched for time which can lead to high stress levels. And while a little stress is good, too much can have serious results.

The report found 13 per cent of the students surveyed were severely time-crunched, while 38 per cent were time-crunched and 49 per cent were not.

At Conestoga College's Doon campus, a Feb. 18 survey of 100 students found those numbers to be higher.

Seventy two per cent of students surveyed said they were time-crunched and felt stress.

The 1992 survey found young women were more likely to experience stress due to time constraints than men.

However, Conestoga's survey showed an equal amount of women and men feel stress due to time constraints.

Those who feel they are in the 72 per cent group can reduce stress levels by following a few basic stress-management instructions.

Firstly, people should maintain a healthy diet, said stress-management instructor Stella Bernaards.

She suggested lowering the amount of caffeine and sugar in the diet.

Secondly, people should get lots of sleep and rest during different times of the day.

In the 1992 survey, 45 percent of adults said they cut back on their sleep when they needed time for other activities. This, Bernaards said, only adds to stress levels.

She also puts organization and setting priorities high on the list of stress-reduction techniques.

"Don't overwork," she said. "Just take it one day at a time."

## Tougher smoking regulations imminent

By Julie Cooper

Smoking on college property could be prohibited if the Ontario government passes Bill 119, a Ministry of Health official said recently.

The bill, set for a third reading this spring, is an act to prevent the provision of tobacco to young persons and to regulate its sale and use by others.

Under the proposed legislation, no person shall smoke or hold lighted tobacco in a school, post-secondary educational institution or private vocational school.

Lorne Widmer, policy analyst at the Ministry of Health, said as stated now, the bill is all-inclusive, encompassing the entire college property.

However, a committee will be reviewing the bill and post-secondary institutions may be exempt from the government's 100 percent smoke-free initiative, Widmer said.

"I think it's good that we've got this legislation coming," said Kitchener-Wilmot MPP Mike Cooper.

"While we (provincial govern-

ment) disagree with the lowering of cigarette taxes, we're being forced to do it. But if we have stronger legislation that prevents basically young people from starting smoking, this may be a trade off."

Cooper, a smoker, said he agrees with most of the bill but advocates designated smoking areas which are ventilated to the outdoors.

"Then if people choose to go into that smoking room, they know what they're going to be exposed to."

Bonnie Price, a Bridging for Women student at Doon campus, said she thinks the bill is a good idea.

"A lot of children start smoking in high school on school property and if they have to get off school property there will probably be a lot less of them smoking," she said.

Conestoga president John Tibbits, said prohibiting smoking on college property would be silly and he would have to question the common sense of such a measure. The current policy of allowing smoking outside government buildings is "a reasonable compromise," Tibbits said.

Tony Domingos, DSA vice-pres-

ident of communications is angered by the proposed legislation.

"We're not youth. We know what we're doing. If people choose to smoke — fine, they can go outside if anything, but not walk half a kilometre to have a cigarette."

Domingos is concerned that if the bill is passed, colleges with pubs, such as Mohawk College, will lose a lot of revenue. Conestoga's house policy of no smoking has "killed our pubs," he said.

The bill was first brought to students' attention at the last Ontario Community College Parliamentary Association (OCCSPA) conference in February, said Domingos.

But OCCSPA's not going to take a stand on it because it's not an educational issue, it's a health issue." Domingos warns, "If nobody says, 'Hey what's going on here,' they're just going to push it through."

The Ontario government is being criticized for not adequately advertising the bill and informing the public about it, said Mike Cooper. Because the provincial government is financially strapped, it has cut back on advertising, he explained.

## SPOKE

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## Please understand my procrastination

Long before I was born, someone placed a hex on me.

With the wave of a wand, my genes were sent into an oblivious state, creating in me the malady known as procrastination.

Growing up wasn't easy with such a genetic condition. I was docked marks for assignments, I was scolded, I was issued fines, I was given detentions in high school and I lost the respect of my teachers. The abuse was unbearable.

It still haunts me today. As of late this procrastination has resurfaced at college, but by no means is it restricted to this institution.

During leave from Conestoga, local libraries and video vendors are tortured with my continuous presence. I walk into such establishments under the guise of an average citizen who intends to return all items by their due date. Of course, I know damn well this will not happen.

Nonetheless, books are borrowed and videos are rented. Parking tickets are issued, assignments are handed in late or during the final dying seconds of the due date and tired eyes continue to open a mere half-hour before class. All such events are as mountains to be scaled for this procrastinator.

There's another point though. That of how the procrastinator interacts with those he procrastinates against.

Admittedly my relationship with librarians, video vendors and city officials has been strained.

This in turn disrupts my sleep. I'm still waiting for the guys at Jumbo to ambush me with popcorn or worse. As punishment for late returns, they could give me free video rentals of Richard Simmons workouts. And so too, the library shows its wrath — a circle of librarians whispering at me simultaneously "you will return your books on time or you will be penalized."

How does one escape such worries when one is a procrastinator? How does one cope with each compartment of his life?

On the bright side, although I still have to face some of the consequences of my procrastination, I have chipped away at most of my fines. I even retrieved my long lost student card which was held hostage at a local video store until late payments were forwarded.

A couple of sentences for all you librarians, video vendors and college teachers reading this: remember my problem is genetic. I hereby absolve myself of all responsibility and assure you I will one day stand innocent. Science will be my defender.

Therefore, in the meantime, allow me to be late. Give me good grades and permit me to do absolutely nothing. Then praise my efforts.

It's genetic, really!

# OPINION



## Smokers have a right to decide

Yes, I know smoking is the leading cause of lung cancer. Yes, I know that it makes my lungs turn black.

Yes, I know I might as well drink a gallon of tar.

Yes, I know I smell like a cigarette.

Yes, I know I risk dying at an early age.

Yes, I know all the other 99,000 reasons you can think up to convince me I shouldn't smoke.

I wasn't born yesterday. I know how to read and I do understand the English language.

That's why I don't smoke in non-smoking areas, just like I don't park in handicap parking spots. I (usually) obey the speed limit. I don't drink and drive. I don't steal. I don't believe in violence. I don't go to church, but I respect people who choose to do so.

I just wish other people would have the common decency to respect the fact that I have a right to my choices as well.

I have read a number of opinion columns about the new tax cut on cigarettes. All of them state that this tax cut will cause over 200,000 teenagers to start smoking.

If I was a teenager I would be furious at these columnists. They not only question teenager's intelligence,



By Monika Greenan

but also their upbringing and their parents intelligence.

Anyone, including teenagers, will smoke if they choose to smoke. The cost will not deter anyone and is usually only the last straw that breaks the camel's back.

Any teenager can buy a pack of cigarettes for \$3 to \$4 from a student who sells them around the schoolyard. Why would they go to the corner store and pay \$5 to \$6 a pack? Would you?

Smoking among teenagers will not increase because the government has reduced the cost of a carton of cigarettes by \$5.

People make choices by watching others' actions and the results of those actions.

If you watch a loved one die a painful death due to cancer from smoking, you will probably never smoke.

All the money, labels, pamphlets, seminars and warnings in the world will not have the same effect.

So please, don't tell me that smoking is bad for me. I already know that.

If you can't think of anything positive to say to me about smoking, don't say anything at all.

Just thank me for putting money into our sick economy and I'll thank you for minding your own business.

## Many employers desire mature students

Education is for the young. People go to school when they are young, work for the next 40 years and then retire.

This principle held true, with few exceptions, for decades, and it has held true up until only a few years ago.

But education is no longer just for the young. Recent economic and social factors have changed the demographics of post-secondary institutions.

Now, it is not unusual to see members of all age groups in college and university classrooms.

Many love being at school again and are optimistic about their future prospects.

However, other mature students I talk with express apprehension about what the future holds because of their age. "I've got one strike against me" is a statement I have heard more than I care to remember.

This fear springs from self-doubt



By Brad Hilderley

While in the workforce, he or she gained valuable knowledge and skills that will contribute to future job successes.

This person has a track record for reliability and has already proven himself or herself capable of holding down a job and performing duties in a competent manner.

Hiring this 42-year-old may be less of a risk for an employer than hiring a 22-year-old, who may have little in the way of work experience and who may have done little else in life other than being a student.

If I were an employer considering these two applicants, each with equal education but vastly different life experiences, I would probably hire the older person. Rather than look at his or her age as a liability, I would look at the person's accomplishments as assets.

Mature students should keep a positive attitude about what the future holds for them. In many ways, they have the edge.

## Letters to the editor

Spoke welcomes all letters to the editor. If you have a beef, or an opinion, please send it in. Spoke reserves the right to edit letters to fit space, and to remove any libellous statements. Your letter must be signed, and include your program and year for verification. Send letters to the Spoke office, Room 4B15, Doon campus.

Spoke, Conestoga College,  
299 Doon Valley Dr., Room 4B15  
Kitchener, Ontario, N2G 4M4  
Telephone: 748-5366

## Letters to the editor

# Students tell Bob Rae to put himself in their shoes

The whole country is painfully aware of the economic climate that has gripped the country for the past several years.

We are all cognizant of the fact of how cuts are in order, so that we can continue as a country. However most students have to question the decision to raise the cost of post secondary tuition over the next two years.

If you could put yourself in the shoes of any student who has to bear the burden of such an expense, I wonder if you would have done this.

If this increase causes even one student to fall through the cracks of the educational system, then the cost is too high.

The students of this country are our only hope for a bright future.

If you could see your way clear to letting the students get back to the business of getting an education and put the business of financial cutbacks in an area where they can be better afforded, we would be grateful.

Concerned students

Margaret Cahill, president of Conestoga College's Waterloo

### Student Association

David Price, general arts and science program

Bill Gaul, food and beverage management program

Jeroen Stoeltjes, food and beverage management program

Kim Vogelaar, office systems operations program

*The preceding letter was forwarded (in January) to Premier Bob Rae's office by the Waterloo Student Association. As of printing date of this publication no response had been received by the concerned students. Editor*

## Military gets a raw deal

This letter is for all people that believe that we should withdraw our peacekeepers from Bosnia and reduce the size of our Military. They tend to think of our world in terms of deficits, unemployment and rising crime.

Patrolling international waters off the coast of Malaysia, I reported to the Operation's room to begin my watch. I was on lookout for about 30 minutes when the starboard lookout noticed a small craft in the water.

The Captain was called and the ship was stopped. People were scattered along the deck, their bodies blistered by salt water and the sun. I still remember people lying completely naked, so thin, that despite the fact that I was 30 feet up, I could still count the ribs in their chests. They were Vietnamese boat people who were stranded at sea. The doctor was called and other ships in the fleet began to circle. About an hour later we

began to take them aboard.

One survivor spoke English and told us they were fleeing from communism. They had been at sea for approximately 30 days. Our hangar was quickly converted into a hospital and the doctor began to examine and treat their wounds. We set sail for Malaysia and notified medical authorities there. I am a humanitarian, however, the military is still a necessary reality. I believe that it is long overdue that Canada began to invest reasonable amounts of money to make it efficient and credible.

Only the ignorant believe that soldiers only kill people, the military plays countless other roles in society. Because of tragedies like my experience, I believe it necessary that Canada's peacekeepers, in Bosnia and elsewhere, continue their humanitarian aid.

Arthur Setka, second-year law and security program

## Basic's okay

Your opinion article "Getting back to basic English," by Omar Welke, hit the nail on the "non-gender" head.

As a self-proclaimed feminist I admit I welcome the general practice of correctly categorizing people, males and females, as exactly that: persons. This simple usage can be viewed and used as a method of respect and integrity for fellow community members.

But those who feel they must turn towards more drastic and inefficient word reform should not spend their time and energy on the superficial practice of politically correct methods of naming something or someone.

Issues like equal pay for equal work can better promote equality and fairness compared to the misuse and gaudiness of politically correct terminology.

Welke's back to basic attitude should be taken as a reflection of the general consensus of society.

K. Weisenbauer, second-year general arts and science student



(Photo by Julie Cooper)

## Elvis: dreams come true

Judy Hart would like to thank everyone who helped her celebrate her 50th birthday. The gifts, warm wishes and cards are very much appreciated. A "special thanks" is extended to Marian, Rick, Linda, Kelly, Bill and Peggy.

Judy Hart,  
Special Needs office

## Language can change

The author of the opinion article Getting back to basics in the Feb. 14 edition of Spoke, claims that those who alter words or introduce new words in order to include women and make our language gender neutral have a limited imagination.

What is more limiting than getting back to basics?

Things change, change is good, it's progress. Language can change too, to meet the needs of the times.

Stated in an article published by the Ontario Status of Women Council: "Sex stereotyping is deeply ingrained in our day-to-day language."

And while there are those who scoff and make poor jokes about personhole covers... the misuse of the language is a major obstacle in the attainment of total equality of women."

All people, especially journalists, need to raise their awareness and change their vocabulary to include everyone.

With written and verbal recognition and respect for all people comes civilized behavior. Words are a start to putting humankind on an equal footing so that we can all get along.

Joan Magazine  
Counsellor, student services

## Correction

In the story, New president gets down to business, in the Feb. 21 issue of Spoke, the name of Bob Pettit was incorrectly spelled to read Rob Pettit. Spoke regrets the error.

## ELECTIONS '94

Doon Student Association is now accepting applications for the following positions:

- \* Director of Public Relations
- \* Director of Entertainment/Activities
- \* Activities Assistant
- \* Pub Manager

More information regarding these positions available at the DSA Administration Office.

## Career Corner



By Marilyn Snyder

### Job search — and "the telephone"

A successful job search usually involves a combination of techniques. Be open minded about how you apply to job opportunities. Try several or all of the methods and see which works best for you.

Some people have strong writing skills, others are best in their personal presentation. Most job seekers find the telephone their greatest challenge and the most intimidating. The advantage of the telephone is that it is quick, inexpensive and personal.

The telephone can be very helpful during your job search. Your call demonstrates your effective communications skills and may generate interest in your skills and abilities. Frequently, an employer will ask questions right over the telephone, so have your resume beside you when you call.

### Cold calling

If you have a pleasant, confident telephone manner, you may want to consider phoning employers

to ask for interviews. You should introduce yourself and give a brief overview of your education, skills and qualifications. If the employer states there are no openings at the present time, mention your interest in future openings as well.

### Classified ads

You can improve your chances when replying to classified advertisements by following up to the appropriate contact person as soon as you can reasonably expect the employer to have received and reviewed your resume. When calling, you could say: "Hello, Mr. Jones. My name is Ann Brown and I recently applied to your organization for the electronics engineering position. I'm calling to see if you received my resume and to inquire about the possibility of arranging an interview."

### Unsolicited mailings

This is not the most effective method of applying for a job. However, by following up in a similar manner as previously mentioned, you can significantly increase your chance of success.

### Follow-up

It is important to follow-up on a regular basis. Generally, if you have not heard from the employer within 7 to 10 days, politely call and ask how they are doing in their selection process and if any decisions have been made. Your regular follow-up demonstrates your interest, enthusiasm and initiative and again draws attention to your name.

Use your strengths, but try not to rely on just one job search method. Remember, successful job seekers don't wait for opportunity to come to them, they take matters into their own hands.

## Guelph campus plans computer upgrade

By Craig McLay

Conestoga College's Guelph campus is planning to upgrade its computer facilities, according to Ken Snyder, the dean of trades and apprenticeship programs.

Snyder said he hopes to upgrade one of Guelph's two computer labs to compensate for some of the technology lost in the campus consolidation process of last summer.

"When general business and materials management pulled out, we had 386s in the computer labs at Guelph that were shipped to Waterloo," Snyder said.

"Waterloo had XT's that were shipped to Guelph. It was a down-grade of equipment."

Snyder said one of the main reasons for upgrading the system was to attract more business for continuing education courses that make use of the network.

"The difficulty with XT's is you haven't got the speed. We want to

improve our continuing education programs to run higher-end programs, and for that we need 486s.

"With the 486s we can offer Windows programs for continuing education and a lot of people in the community today are looking for that kind of software."

Snyder said the upgrade would not only speed the system up, but it would make strong financial sense.

"The continuing education programs are just losing business," he said. "Students that come to the Guelph campus realize the equipment is slower and you can't do as much on it. We need to look after that part of the business."

Aside from continuing education, Snyder said the upgrade would come in handy with the technical systems Guelph is already running.

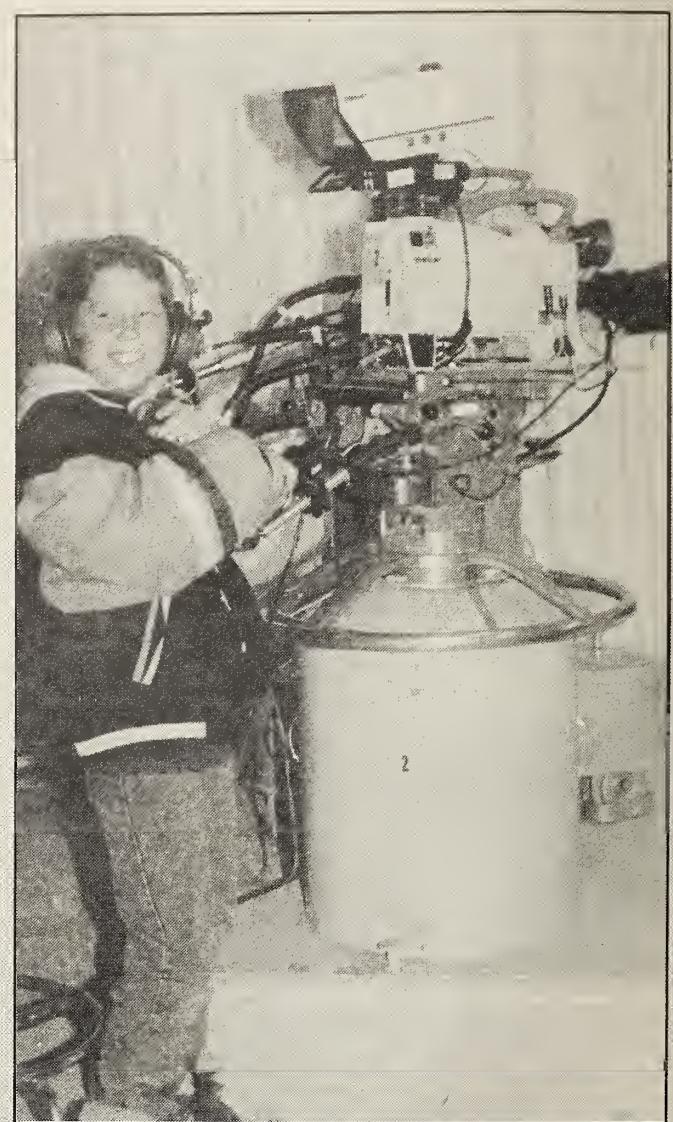
"There are more efficient ways of delivering curriculum through computer access. The software simulations we have won't work on an XT, they're too slow."

The proposal to upgrade the systems at Guelph must first go before a committee made up of the deans of the various college programs. The committee, which is chaired by Doon campus principal Grant McGregor, has to decide on all capital equipment purchases made by the college.

Snyder said that the college received \$400,000, last year, from the government to cover all capital equipment purchases and would hopefully receive the same amount this year, although it still isn't enough to meet program needs.

"I could spend over \$1 million right now just to upgrade the machine shop. Computers always get the attention because there's such high demand, but some of our technology programs are running on equipment that's 20 years old."

Snyder said he hoped the upgrade wouldn't be held up because of the ongoing campus consolidation process.



### Look out Newsworld

Westwood Public School student Garrett Bond, works a camera during a tour of the broadcasting department given to Grade 5 classes from the Guelph school on Feb. 18.

(Photo by Julie Magee)

## GATT plans for the future

By Craig McLay

Although the semester isn't over yet, the Guelph Association of Trades and Technicians (GATT) at Conestoga's Guelph campus is already planning ahead for next year.

Setting up an auxiliary student association to run through the summer, until the elections for new student representatives in September, was one of the items discussed during the Feb. 16 meeting.

"We might disband the council and re-institute it as an auxiliary council to be here for the summer courses," said GATT vice president Al Tully. Both GATT president Mike Montpetit and treasurer Mark Duke will be leaving at the end of the semester. Montpetit will appoint representatives for the summer semester.

"We're not so much disbanding as we are reorganizing to suit the changing situation," said Tully. "It's still going to be GATT."

Another item on the agenda for the future of the student body at Guelph involves a boost to campus processing power.

One of the two computer labs at the Guelph campus may be upgraded to use 50 megahertz 486 machines, which will enable them to run more powerful programs used by technology students.

Montpetit said he thought the computer upgrade would be good for the college, but wanted to make sure GATT lived up to its mandate to provide activities to fee-paying students before it considered contributing funds to the upgrade.

"It's a good idea," Montpetit said. "We're already contributing \$1,500 to the college through the campaign fund, though, so we're already donating money to the school."

GATT recently donated a microwave to Beaver Foods Services for student use in the cafeteria. Plans to put the microwave in the student lounge had to be scrapped because of fears it might be vandalized.

"We didn't want to put it in there in case something happened to it," Tully said. "We're having a real problem controlling vandalism. I don't know why they're (students) doing it. It's their space."

"I find it presumptuous of them (GSA) to give away funds when they weren't even at the school," said vice president Al Tully. "Let's see if we can live up to the agreement by maybe making a lump sum donation."

GATT has to decide on the issue before the Feb. 22 meeting, Montpetit said.

"We have to have the complete budget on Feb. 22," he said. "No maybe. If we don't have it then, we're in trouble."

Tully said that the budgeting process should get easier as GATT goes along.

"The infrastructure is here now," he said. "We've got an idea now of how much we need for our activities and our meeting room."

"Everything's up to date for January," said treasurer Mark Duke. "All we need is some input on where we want to spend our money."

One thing GATT won't be spending on is alcohol at activities, like the next free bowling night tentatively scheduled for Feb. 25 in Guelph.

"Booze is out of the question," Tully said. "If we pay for it, we're liable if someone drives away drunk."

Tully hopes the bowling night will attract more students than the last, which only pulled in 12, mostly due to bad weather.

"I think more people will show the next time," he said. "It'll be a good way to kick off the March break."

**IN A CLASS BY ITSELF**  
1991 - 1994

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## Bidders go wild for love

By Laura Nahls

Students at Conestoga's Doon campus opened their hearts and their wallets on Valentine's Day at an auction to raise money for the Heart and Stroke Foundation.

A crowd of over 400 students watched as frantic bidders tried to outdo the competition for the chance of a night on the town with one of four single contestants.

The bidding started slowly for Attilio Renon, who said his ideal woman would have to be spontaneous, romantic and able to give a good massage.

Auctioneer Brad Logel, DSA entertainment manager, opened the bidding at \$1, and after a little coaxing got a final bid of \$31, from Karen Vec, a second-year general business student.

The bidding really heated up for DSA treasurer Paula Sossi, who said her dream date must be willing to do anything and have lots of stamina.

On stage, Sossi's blush darkened as the bidding became a two-man battle. The crowd in the cafeteria roared as Stan Larkin, a second-year law and security student, was announced as the winner with a final bid of \$80.

Bachelor number two, DSA assistant pub manager Jamie

Proudfoot said his favorite activities include skiing naked, playing golf naked, naked sailing and late nights with tequila — also naked.

The bidders appeared intimidated by this statement and the bidding increased by increments of only 50 cents, until Logel announced the winning bid of \$12.

The winner was Dale Dobratz, a first-year general arts and science student. She also bid for Renon, but dropped out after the bidding reached \$25.

DSA vice-president of administration Jennifer Kurt was the final contestant. She said her perfect date would be with a spontaneous man, dining on Italian cuisine with fine wine. This would be followed by sitting in front of a roaring fire sipping champagne.

The bidding opened quickly and it looked like a two-man race until journalism student Gary Wiebe jumped in and outbid the competition with a final offer of \$40.

The four couples received a return limousine ride to Kelsey's restaurant where they had a full-course dinner, courtesy of the DSA. Wiebe said it was a real party atmosphere.

The auction, one of several DSA fund-raisers this month for the Heart and Stroke Foundation, raised \$163.



## 3 ON 3 BASKETBALL TOURNAMENT

Date: Thursday April 7

Time: 4:30 - 9p.m.

Location: The Recreation Centre

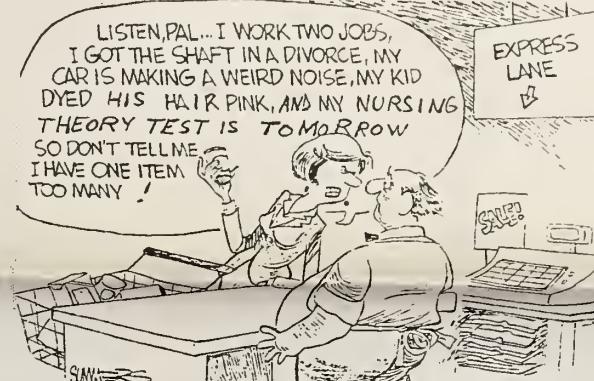
Registration Deadline: Friday April 1

Sign up at the Rec Centre

For more information, contact Duane Shadd 748-3512



## KEEPING UP RETURNING TO LEARNING - PART DEUX



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*Are you a mature student who has completed at least one semester and wants help with balancing time, courses, family, day care, exams and assignments?*

*This workshop will reinforce some of the skills emphasized in the "Returning to Learning" workshop and offer additional tips on how to study more effectively and how to manage your own set of stressors.*

*A panel of 5th semester mature students will share their strategies.*

Facilitated by Student Services Counsellors -

Bob King and Pat Trudeau

- Sign up in Student Services -

## DSA ELECTIONS '94

Campaign Week March 7 - 11

Candidates' Speeches - Thursday March 10

12 noon

Blue Cafe

Voting March 14 - 17



**For more information regarding elections see Jen at the DSA Administration Office**

# SPORTS

## Conestoga hockey Condors demolish hapless Knights

By Brad Hilderley

The last home game of the regular season ended in victory for the Conestoga men's hockey Condors as they hammered the visiting Sir Sandford Fleming (Peterborough) Knights 12-2 on Feb. 16.

About 50 fans at the Doon campus recreation centre watched as the Condors pelted the Knight goaltending duo of Mike Dart and Scott Toms with a total of 55 shots. The Knights managed only 19 shots in the game.

Nine Condors were in on the scoring, with Kevin Warner, Chris Ottmann and Dave Long each netting two goals.

A share of first place in the Costello Division of the Ontario Colleges Athletic Association (OCAA) was the Condors' reward as their season record improved to 14 wins, two losses and no ties.

The loss kept the Knights in last place in the Parker Division with a season record of four wins, 12 losses and no ties.

First-period goals by Michael Hunt, Long, Scott Herniman and Ottmann staked the Condors to a 4-0 lead.

After the third goal, the Knights made their first goaltending change by replacing Dart with Toms.

Toms also played the entire second period, during which the Knights were once again shut out.

The Condors increased their lead to 10-0 in the second.

Warner opened the second-period scoring with two goals netted less than a minute apart. Rob Trussler, Long, Ottmann and captain Darren Kinneer also scored.

With 27 seconds left in the period, Toms came out of his net while play was in progress to take a run at a Conestoga player. A shoving match involving several players from both teams resulted, and the ice was littered with hockey sticks and gloves following the incident.

Game officials took about five minutes to sort out the penalties, which were given to Toms, Warren Perry and Craig Westnutt from the Knights and Darren Francis and Jeff Reid from the Condors.

The Knights broke Scott Ballantyne's shutout midway through the third period on a goal by Troy Konarowski. Sean O'Grady added another to make it 10-2.

But Graig Elliott and Joel Washkurak each put one past Dart, who played the third period, to increase Conestoga's lead to 12-2.

"We came out flat right from the drop of the puck," said Toms in a post-game interview.

"When you come out like that against this team, they're going to fill the net."

He said the whole team, including himself, must accept responsibility for the loss.

"I don't think they (the Condors) were trying to run up the score. They were just playing good



Sir Sanford Fleming goalie Mike Dart makes a save in varsity hockey action against Conestoga.

(Photo by Sean McMinn)

hockey, and we were sloppy."

As for the second-period shoving incident, Toms said, "I lost my head temporarily. Instead of playing the puck, I went after the guy."

Knight head coach Rob Baker said he changed goalies to protect their confidence levels.

"The way our goalies have seen pucks this winter, it's so their confidence doesn't get too low."

He said the Condors were not guilty of trying to run up the score.

"They're just a strong club. They play their positions a lot better than we do."

Baker said, "We've had a trying year."

"Guys aren't showing up for practices." He added that it is difficult to balance sports and academics. "Dedication has been low" this season.

Washkurak later said his "team's confidence is building game by game."

The Condor coaching staff told players before the game to play more intensely.

"The team played pretty intensely, the kind of intensity we want to carry into the final four."

Washkurak urged fans to attend the final four hockey championships, to be played March 12 at Conestoga College.

The Condors were to have played their final two regular season games Feb. 18 and 24.

## Water Buffaloes and Cement Heads clash for championship title

By Gary Wiebe

In professional sports, when you're the top dog, everyone under you wants a piece of your hide, especially during playoffs.

In intramural ice hockey, the same holds true.

The Water Buffaloes, with a regular season record of nine wins, one loss and a tie, fell 3-2 to the four, seven and zero Cement Heads in playoff action, Feb. 16.

The game, first in a best two-out-of-three championship final, was not so much a question of which team had the better hockey skills, but who would last the longest.

The Buffaloes' bench was devoid of players — they had only six skaters — while the Heads had 10.

The Cement Heads' Tony Cengarie opened the scoring at the 6:02 mark, with the lone goal of the first period.

Seven minutes into the second period, the Buffaloes' Jason Baier tied it up on the power play after the Heads' Jerry Roubos was called for interference.

Two minutes after that, the Buffaloes' Josh Alexander gave his team its only lead.

Once again, a power play paid off, as the Cement Heads tied it on

a goal by Klaus Ehrenburg.

The final goal came with seven minutes left, when Cengarie, picking up a loose puck at his own blue line, streaked down the left wing and fired a low shot into the net, for his second of the night.

There were more penalties in the previous evening's contest, but neither the Heads nor the Individuals were able to take advantage.

However, the Heads Jason Shular scored a gross misconduct penalty to earn a one-game suspension during the Heads 4-2 victory.

The Individuals played a lack-lustre first-period half and were

unable to find their way out of their own end until the 11:10 mark, when Craig Johnson charged in all alone on Heads goalie Jason Hamburger and tied the game.

Up until this point, only the superb backstopping of goalie Tammy Flanagan kept the awesome Cement Head offence from piling up more points.

Thirty seconds into the second period and the Individuals, in a complete turnaround, went ahead 2-1 on a goal by Chris Molner during a goal-mouth scramble. The Individuals dominated and the play became chippy with

roughing penalties called on both teams halfway through the period.

The Heads Shular not only received a one-game suspension, he, along with the Individuals Brad Scherer, were forced from the game for receiving too many minor infractions.

After the penalties, Ehrenberg scored to tie the game at two.

The action became more furious but, with less than a minute to go, Cengarie notched his second of the night and Kevin Clancy added an insurance marker to give the Cement Heads the win, resulting in their meeting the Water Buffaloes for the championship.

Male athlete of the week for Feb. 13 — 19



Steve Allen

Allen, a forward on the men's hockey team, had a goal and two assists in the Feb. 18 win over the Niagara Knights.

## Spokesports

### Ontario Colleges Athletic Association

#### Men's Hockey

##### Costello Division

TEAM	W	L	T	GF	GA	PTS
Conestoga Condors	14	2	0	119	65	28
Seneca Braves	14	1	0	115	41	28
Cambrian Gold Shield	7	9	0	107	102	14
Niagara Knights	6	8	2	101	99	14

##### Parker Division

TEAM	W	L	T	GF	GA	PTS
Algonquin Thunder	8	7	1	80	93	17
Fleming (L) Auks	4	10	1	74	101	9
Fleming (P) Knights	4	12	0	64	114	8
St. L. (B) Schooners	4	12	0	81	126	8

### OCAA HOCKEY SCORING LEADERS

PLAYER, TEAM	GP	G	A	PTS	PIM
Dave Long, Con.	16	27	35	62	34
Chris Ottmann, Con.	16	29	21	50	29
Troy Gleason, St.L.(B)	15	18	28	46	28
Tim Favot, Cam.	16	15	31	46	16
Derek Etches, Cam.	16	23	20	43	26
Joel Washkurak, Con	15	14	27	41	86
Peter Lachance, Nia.	16	15	26	41	24
Tom Jack, Sen.	15	19	21	40	2
Brent Jones, St.L.(B)	15	17	22	39	80
Rob Poitras, Flem.(L)	15	20	15	35	6
Kirk Sharkey, Alg.	14	22	12	34	0
Dave Crane, Nia.	16	15	15	30	28
Brian Byrnes, St.L.(B)	15	15	14	29	10

### Scoreboards and Schedules

(As of Feb. 20, 1994)

#### NEXT HOME GAME:

Saturday, March 12

OCAA final four hockey championships at Conestoga College



# Theft at Doon

## Student victim robbed of jacket, glasses and keys

By Dan Hebert

Someone got away with much more than a jacket and glasses when rifling through a construction class — a little bit of a student's trust went with it.

Fred Trautrim never expected anyone would be bold enough to try to steal his \$100 jacket while he was only doors away, but on Feb. 10 someone was.

At around 3 p.m., Trautrim and another third-year construction student moved doors away from room 2A13 to work in a computer lab.

Although gone for a couple of hours, their jackets were in a coat cabinet. Security had locked the class doors at 5:30 p.m.

Returning before 7 p.m., Trautrim met with another student who had just asked security to open the classroom.

It was then he discovered his camouflaged hunting jacket was missing.

Thinking it was just someone playing a joke, Trautrim asked the two other students if they had anything to do with the disappearance. Both students denied knowing of the jacket's whereabouts and Trautrim began his search of the area before informing security of the theft.

Doon security guard, Judy Ethridge, noticed only one jacket in the room when she locked the doors, according to Trautrim.

"The person, whoever did it, had quite a bit of gumption because they ran the risk of actually being

seen walking out," said Trautrim. He believes someone may have seen the person who took his jacket.

The coat, a distinctive waist-length jacket, was brown camouflage colored, bulky, oversized and made of a floating life-jacket material. It is easily recognizable because of its uniqueness.

Also missing with the coat were a set of car keys, prescription glasses and a black Star Trek baseball cap. The keys were later recovered by security in a parking lot.

Trautrim hopes the thief is "battling with his own conscience" and will return the coat.

Trautrim is mainly concerned about the safe return of his \$200 prescription eyeglasses.

"Whoever has them, I really doubt they're of any use to them and I'd really appreciate them back," he said.

The glasses and other items, which are all marked, could be returned as easily as they were taken, Trautrim believes. "Use your creativity as long as it makes its way back to security."

Trautrim is distraught at the possibility of the thief being a fellow student.

"He (the thief) knows deep down that he is wrong and to do this to another college student is not a right thing to do," he said.

"I am not looking for blood," said Trautrim in anticipation of the return of the items.

As long as the items get back to him he says he won't hold it (the theft) against anybody.

## Nursing grads heading south in search of jobs

By Venus Cahill

There are more and more nursing graduates heading south, but not for the reason you may be thinking. They are moving because of health-care cuts.

According to Conestoga's 91/92 Graduate Employment Report, a placement survey of graduates, 42 per cent of nurses found full-time work in the United States, 26 per cent of those in Texas.

Of the remaining nurses with full-time positions, six per cent moved to British Columbia and 52 per cent remained in Ontario.

"There has been a restructuring in the health care delivery system (in Ontario)," said Lois Gaspar, a chair of nursing at the Doon campus.

With the restructuring of the health care system have come reductions in the size of hospitals, leading to a reduction in the number of nurses needed.

"Very few hospitals are hiring full-time nurses at this time," Gaspar said.

Bill Jeffrey, dean of the school of health sciences, said in a Feb. 1 Cambridge Reporter article, "If you want a full-time job, (in nursing) you're not going to find it in this province unless you go way up north."

He also said in 90/91, there were 1,400 available nursing positions in Ontario.

By 1992 the number of vacancies dropped to 300, and it slipped still

further by March 1993 when there were only 50 available nursing jobs in the entire province.

According to a magazine article in *The Canadian Nurse*, there has also been an increase in travel nursing.

Fueled by continuing shortages in the need for nurses, this booming industry offers both career and personal growth. With travel nursing you get to choose when and where you will work. But travel nursing is not for everyone.

Travel nurses must be confident and self-sufficient because they are on their own from day one.

A travel nurse must also be well organized because she is responsible for packing what she needs, storing what she doesn't and setting up bank accounts and address changes with every move.

For those nurses who are not interested in leaving Ontario for employment, there has been a rise in entrepreneurial nursing.

Gaspar explains entrepreneurial nursing as nurses who have additional training and education besides that given during their diploma or certificate courses.

They can also set up their own businesses, and deal in their specialized training. An example would be someone who has graduated and has some training in foot care. They might do housecalls to the elderly to provide proper care.

## Blue box contamination causes recycling problems

By Colleen Connaghan

Some people at Conestoga's Doon campus may not think twice when they see a blue box containing a few pop cans, some newspapers and styrofoam cups leaking coffee.

But to Dan Stark, manager of housekeeping at Doon campus, this means the big "C" word: CONTAMINATION.

Stark said many people do not realize the consequence of throwing different recyclables into the same box.

"The effect is that we're defeating the purpose of trying to reduce the waste going to landfill. If it's used as a garbage can then it's garbage."

Stark explains that even a spillage of coffee from a styrofoam cup onto fine paper is considered contamination.

And because a box contains different recyclables, the whole box is contaminated, resulting in all items being emptied into a garbage bag.

Stark adds that because there are approximately 250 blue boxes throughout the campus, it would not be feasible to sort out every contaminated box.

"People are used to having a blue box at home where they throw all the recyclables in one container." Stark said the college, like every community and every business, has a mandate to reduce waste going to landfill by a certain percentage each year.

"If we're throwing recyclables into the garbage, we're not reducing it down to that level."

Stark said he figures a third of the college's blue boxes are contaminated. Sorting out contaminated boxes is a job that would take hours.

Common areas where contami-

nated boxes can be found are in main corridors.

"It's where people are passing through going for that basket shot. Maybe people are watching too much NBA, getting excited," jokes Stark.

He said 99.9 per cent of items in contaminated boxes will just go into the garbage stream. If an area continues to have contaminated boxes then the container will be eliminated.

Stark said that from speaking with representatives from other colleges and universities, contaminated boxes are a campus-wide problem.

He believes recycling needs to be an on-going education process.

Stark's department is looking at ways to avoid contamination problems by designing larger signs and different types of containers.



### What's so funny?

(From left) Cynthia Koehler, Kristin Gering, Tammy Martin and Nancy Romeo, display caricatures of themselves done by local artist, Jon Ljungberg, at a DSA-sponsored event held in the Doon cafeteria, Feb. 17.

(Photo by Laura Nahls)

## Student Summer Jobs Available at the DSA

### Publications Co-ordinator

- \* (formerly activities passport co-ordinator)
- \* This position will be responsible for the production of the Student Survival Guide
- \* 24 hours/week May 2 - June 30
- \* \$8.25/hr

### Advertising Co-ordinator

- \* This position will be responsible for soliciting advertisements for the Student Survival Guide
- \* 24 hours/week May 2 - June 3
- \* \$7/hr plus commission
- \* Deadline for applications Friday March 25
- \* Applications available at the DSA Activities Office.

# Gallery seeks students to write exhibit reviews

By Vladimir Schweigert

Journalists are trained to ask uncomfortable questions, uncover scandals and inform the public.

But their job doesn't stop there. They also engage in social commentary and criticism, including that of cultural events.

It is in this capacity that Conestoga College journalism students are invited to practice the wide-ranging genres of writing being taught in some of their classes — by reviewing exhibitions held at Wilfrid Laurier University in Waterloo.

Teri Hranka, curator for the university's Robert Langen Gallery at the John Aird Building, said journalism students would help raise the profile of the gallery if they were to write periodically about the different kind of works exhibited by Canadian artists. "It's a great, terrific idea," she said.

Hranka said copies of Spoke, the college's weekly newspaper, could be made available in the gallery and the reviews by aspiring journalists could be displayed behind glass in the concourse — a gathering place for students, faculty and staff.

The Robert Langen Gallery, which opened in 1989, hosts eight exhibits a year, from September to

May.

During the summer months the university's permanent collection and the City of Waterloo's Woldemar Neufeld collection are showcased.

Before the art gallery was built, Hranka said, exhibits were held at the concourse and student reviewers would now help with raising awareness of the Robert Langen Gallery.

Hranka said the two local universities, University of Waterloo and WLU, are not in competition, but pool their financial resources with the Kitchener and Cambridge Public Libraries and invite visiting artists to lecture and speak about their works.

Each exhibit during the school year has an opening reception, said Hranka, where Conestoga's students and the public in general can meet the artist.

Hranka can be reached by calling (519) 884-0710, ext. 3801.

For other cultural events including theatre, music recitals and lectures, Hranka said to call Heather Redden-Greer from the Cultural Affairs Office at (519) 884-1970, ext. 3800.

Gallery hours are 10 a.m. to 7 p.m. from Monday to Saturday and the admission is free.



Teri Hranka, curator of Wilfrid Laurier University, is enthusiastic about journalism students possibly reviewing exhibits.

(Photo by Vladimir Schweigert)

# ENTERTAINMENT

## Classics enter Cyberspace

By Dan Hebert

No one would have believed in the last years of the 20th century that classic works of literature were being transmitted through the timeless void of space. No one even imagined that great books, hundreds of years old, were being put to uses the authors, as advanced as their thinking was, never dared dream of.

So begins, albeit much revised for purposes here, the opening passages of Herbert George Wells's classic work, *The War of the Worlds*.

My fascination with this story began many years ago, in a slightly unusual Grade 6 religion class. My teacher at the time, Mr. Hagen, felt that religion was a much more personal thing than could be properly taught in a classroom and, despite the warnings, went on to expose his students to the finer things in life.

Enter H.G. Wells, author of *The Invisible Man* and *Time Machine*. Mr. Hagen showed his class the original black and white version of the film, which I vaguely remember, and explained the considerable panic caused by an earlier radio show.

That was all it took to send my fascination reeling. Imagine a radio show that was so well produced and so finely executed that hundreds of Americans actually believed the Earth was being taken over by Martians. People even killed themselves so as not to be enslaved by the aliens.

This was too much for me and I had to secure myself a copy of the

radio show. In a word — amazing. Then I heard a film was made about the fear caused by the radio program and *The Day the Earth Stood Still* was rented from a local video outlet. Again, amazing.

So on went my obsession with this story even to the point of buying Jeff Wayne's musical version, featuring Richard Burton telling the story backed by the rock music of Thin Lizzy, but I never actually read the original book.

Welcome to Cyberspace. While browsing through the Internet recently I came across a menu called Internet Wiretap (Classics at Wiretap). Under this I found classic works of literature available for downloading. In addition to Wells's works there were various volumes of Sherlock Holmes, Tarzan and even Bram Stoker's *Dracula* (which I also downloaded).

Take Wells's work, for example, written in 1898 and full of references to an older time, transmitted in minutes over telephone lines to a floppy disk for printing later. As advanced a thinker as Wells was he could have never imagined a world like this. Wells wrote about time machines and alien beings but never imagined his own world would advance so far.

Needless to say, I have since read *The War of the Worlds* and found it to be worth the wait.

This book is a must read for anyone interested in the possibilities of other life in this universe.

Just thinking of how Wells would turn in his grave if he knew how I got his book really makes me smile.

## Thank you for your continued support of the Student Food Bank

### Donations have been greatly appreciated

Donations of canned goods are still needed. Please drop off at the DSA Activities Office

*\*If you are in need of the Food Bank Service, please contact Student Services*



## VOTE PAULA SOSSI FOR DSA PRESIDENT

### PROVEN EXPERIENCE DSA

- \* Treasurer
- \* Chair - finance committee
- \* Chair - personnel committee  
**SAC**
- \* Convenor of Officials
- \* Treasurer

### ACCOMPLISHMENTS

- \* organized and operated used textbook sale
- \* assisted in preparation of '94-'95 budget
- \* questioned expenditures related to use of student funds
- \* ensured students were aware of matters concerning the DSA

### ACHEIABLE GOALS

- \* review of semester length
- \* shuttle bus service for Conestoga College students
- \* improved teacher evaluation forms
- \* preliminary work for Student Union Centre
- \* security foot patrol, peer tutoring, more computers

Student leadership is very important in the college system today. You need proven DSA experience that is sensitive and responsive to your needs to help achieve the DSA goals that you want. Vote Paula Sossi for DSA President and get strong, reliable and rational representation on student issues that are important to you.

## Book Review

**Book:** *The War of the Worlds*  
**Author:** Herbert George Wells  
**Rating:** ★ ★ ★ ★ (out of five)

**ADD A LITTLE SOSSI TO YOUR LIFE!**